

Twilight Star

TWILIGHT HAVEN
RETIREMENT
COMMUNITY



1717 S. Winery Avenue | Fresno, CA 93727 | Phone: (559) 251-8417 | www.twilighthaven.com

Farewell...

As mentioned in our last *Twilight Star*, Mr. Viancourt announced his retirement, which became effective September 1, 2010. After dedicating 19 years of service to Twilight Haven, he had made the decision to retire. We all wish him well in his retirement, and life. He deserves the very best life has to offer. We will miss him in our day to day activities, but we know he is never very far.

**Best of Luck Mr. Viancourt!
From the Twilight Haven Staff**



ADMINISTRATOR'S CORNER

Dear Friends,

Hello to all! My name is Sharon Bailey and I am very honored and excited to be selected as Twilight Haven's new Administrator. I come to you with a true appreciation of this wonderful community. I can already feel how much love and support are shared between all who are part of Twilight Haven. My door will always be open and I am looking forward to meeting you and getting to know each one of you who dedicate their love, time, and talent to this loving community.

*—Sharon Bailey
Administrator*



Twilight Haven Ladies Guild

The Twilight Haven Guild has been on vacation July and August, and we hope everyone enjoyed the time off. It is now time to get back to our meetings and projects for the remainder of the year as follows:

September 13

1:30 p.m.
Regular Meeting

October 4

1:30 p.m.
Regular Meeting

October (TBA)

Noodle Making
Meeting

November 1

1:30 p.m.
Meeting /Food Sale

December 6

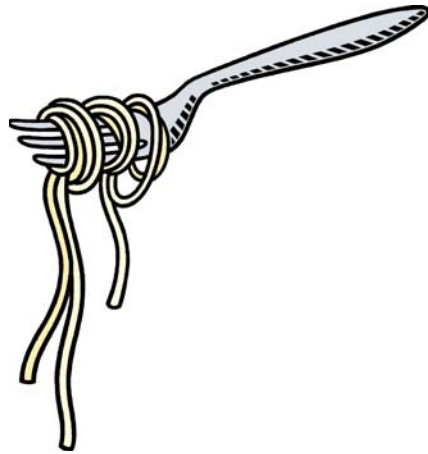
12:00 p.m.
Christmas Luncheon
1:00 p.m. Program
1:30 p.m. Short Meeting – Election

January 3, 2011

1:30 p.m.
Regular Meeting – Installation

We will see you all of you on September 13. We need all our members, and any potential new members, to support our projects to make them a success.

Should you have any questions, please contact me at (559) 888-3419.



*Thank you,
Marian Deis*

TWILIGHT HAVEN BOARD OF DIRECTORS

Larry Metzler, President
Robert Herman, Vice President
Richard J. Scheidt, Secretary
Donald Luft, Treasurer
Gearhart Fries, Director
Don Dauer, Director
Kenneth Lust, Director
Gary Karle, Director
Ed Nicholson, Director
Bryan Martin, Director
Ronald Sittner, Director

Twilight Haven Administrator:
Sharon Bailey

SNF Lic. #0400158
RCFE Lic. #100400622

Email: info@twilighthaven.com
Website: www.twilighthaven.com

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Wish List

1. RCFE - Ear thermometers
2. Furniture for the library
3. SNF - Blood pressure/vital machines \$2070 each (need two)
4. SNF – New blinds for new windows
5. Coffee table books, or books with large print for our residents, and the library
6. Donations towards new TV for library

WELLNESS CORNER

The Vision and Brain Health Connection

Experts have long known that dementia affects vision. Now, new research shows that failing to treat visual problems may speed the progression of Alzheimer's and other memory loss.

According to a new study from the University of Michigan Health System, seniors with untreated visual disorders are significantly more likely to develop Alzheimer's disease, the most common form of dementia. The study used Medicare data, and shows that those with poor vision who visited an ophthalmologist at least once for an examination were 64% less likely to develop dementia.

"Visual problems can have serious consequences and are very common among the elderly, but many are not seeking treatment," says lead author Mary A.M. Rogers, Ph.D, research assistant professor of internal medicine at the University of Michigan Medical School.

The types of vision treatment that were helpful in lowering the risk of dementia were treatments for glaucoma, retinal disorders, and other eye-related problems; and surgery to correct cataracts.



Welcome to Twilight Haven!

Twilight Haven welcomes with open arms two new staff members:

On August 1, **Carolyn Mendibles, RN** began as our new Director of Nursing. She brings with her many years of experience in the field, and has been a blessing to our Nursing department.

On September 1, we welcomed **Sharon Bailey** into our Administrator position.

She too brings many years of experience. We all know she has big shoes to fill, but we know she will do very well, and bring us forward into new and even better things.

Twilight Haven is blessed to have these two wonderful women join our team here.

Patricia Hickman
Business Office Manager



Proper vision is a requirement for many of the activities that have been found to lower the risk of Alzheimer's disease. These include reading, playing board games, other mentally stimulating activities, social networking, as well as physical activity such as walking and routine exercising. A visual disorder may interfere with normal mobility, and may also hinder a person's ability to participate in such activities.

Vision problems and blindness are among the top 10 disabilities among adults, and can increase the risk of other health conditions and even premature death. So eye care is vital for healthy aging. However, according to Rogers, "Many elderly Americans lack adequate health coverage for vision exams, and Medicare does not cover preventative vision screenings for most beneficiaries. So it's not unusual that the elderly receive vision treatment only after a problem is severe enough to warrant a visit to the doctor when the problem is more advanced." In addition, according to a survey conducted by the National Eye Health Education Program, fewer than 11% of respondents understood that there are no early warning signs for eye problems such as glaucoma and diabetic retinopathy.

This study serves as a good reminder that taking care of our eyes is an important part of health care as we grow older.

Memory Card

In support and encouragement of the services provided by Twilight Haven Residential Home, and in consideration of the gifts of others who have similarly supported its program of services, I enclose \$ _____, as a tax-deductible contribution to be used as follows:

- _____ Memorial Fund
- _____ General Services
- _____ Activity Fund
- _____ Capital Improvements
- _____ Development Fund
- \$ _____ Monthly Pledge

"In Memory of": _____

_____ Mail acknowledgment to

_____ Address

_____ City State ZIP Code

Gift From:
Name: _____

Address: _____ City: _____ State _____ ZIP _____

Mail your contributions and bequest to: Twilight Haven Residential Home
1717 S. Winery Avenue
Fresno, CA 93727



Twilight Haven Life Memberships

What does a Life Membership Certificate in Twilight Haven do for you?

A Life Membership Certificate in Twilight Haven provides many benefits:

- As a **Member** you receive a \$100 tax deduction and remain a member for life!
- As a **Member**, there is no time commitment with the membership. Your involvement is up to you.
- As a **Member**, you can vote in all corporation activities. This gives you a voice in Twilight Haven's future. After being a member for one year, you can run for a Board position. This will not only give you a voice, but also decision-making capabilities.
- As a **Member**, you will receive the bi-monthly *Twilight Star* so you will know what is new and happening at Twilight Haven.
- As a **Member**, you will receive invitations to special events.
- As a **Member**, you will know that you belong to one of the finest non-profit homes for the aged on the West Coast. This you can feel good about!

Twilight Haven Corporation Membership Application

Applicant: Please print or type

_____ Full Name

_____ Street Address

_____ City, State, ZIP

Along with your tax-deductible check for \$100, mail to:

Twilight Haven
1717 S. Winery Avenue
Fresno, CA 93727



Memorials



In Memory of Doris A. Berg

Walter Berg

In Memory of Nancy A. Berg

Walter Berg

In Memory of Henry Metzler

Roland and Heidi Roos

In Memory of Joan (Dauer) Mullins

Larry W. Metzler

In Memory of Virginia Ruby

Barbara P. Contreras
John and Joyce Rehn
Don and Claudia Luft

In Memory of Robert Pena

Ed and Marian Deis

In Memory of Orval Reinhardt

Don and Claudia Luft

In Memory of Ken Deis

Don and Claudia Luft

In Memory of Elsie Storie

Ed and Marian Deis

WOULD YOU LIKE TO
MAKE A MEMORIAL
CONTRIBUTION TO
TWILIGHT HAVEN? SEE
PAGE 4 TO COMPLETE A
MEMORY CARD.

Residents Celebrating Birthdays

SEPTEMBER

- 1 Elwood Harris
- 2 Gary Becker
- 7 Joy McNeely
- 8 Emilie Arndt
- 11 Ruth Craig
- 12 Shirley Hollesen
- 15 Anthony Picck
- 16 George Koehler
- 20 Martha Bitter
- 20 Kenneth Law
- 28 Lollie Lopez

- 18 Lucille Smith
- 21 Verna Gaynor
- 24 Eugene Jewett
- 25 Norma Creekmur
- 26 Mollie Frederick

DECEMBER

- 3 Janice Shackelford
- 10 Juanita Davis
- 12 Lupe Amavisca
- 13 Loraine Klamm
- 15 Willie B. McCauley
- 18 Jeff Molner
- 19 Mary Emma Harris

OCTOBER

- 1 Elaine Frankian
- 4 Lorene Boese
- 7 Dorothy Hoover
- 10 Barbara Contreras
- 10 Harriet Feaver
- 10 Henry Wegermann
- 12 Lowell Thomas
- 20 Sally Brown
- 21 Carl Kroeker
- 22 Charles Ferguson
- 22 James Knight
- 22 Woodrow Miller
- 26 Joyce Andrews
- 26 Ann Charbonneau
- 29 William Hetz

- 19 Lillie Ockel
- 22 Gilbert Schmidt
- 22 Margaret Smith
- 23 Rachael Getz
- 25 Elma Welch
- 26 Natalia Martinez
- 27 Rosemary Taylor
- 28 Emma Nilmeier
- 28 Ella Weger
- 29 Janice Deis

NOVEMBER

- 1 Una Mae Haddon
- 12 Elaine Hay
- 13 Joel Eubank



DEAR FRIENDS OF TWILIGHT HAVEN

It is with great pleasure that I welcome our new Administrator, **Mrs. Sharon Bailey**. She accepted the position which became effective on September 1. Her first day was filled with excitement as she met and addressed the department directors and then introduced herself to the staff. That evening, the Board of Directors, Guild officers, and Twilight Haven business associates welcomed her with a dinner reception. Sharon comes to us with an extensive background in convalescent home administration and has the true heart for working with our senior citizens. We look forward to the vision that she brings to Twilight Haven and we're elated to have her as a part of the Twilight Haven family.

However, a few days before Sharon started her position, I walked into the administrator's office to find it almost barren. The desk was empty and the family pictures I enjoyed viewing were all gone. I sat and reflected on an era of excellent leadership, superb relationships with employees, and a wonderful friendship. David Viancourt has truly left a mark on the success of Twilight Haven and has touched the lives of all of us. As we enter a new era of leadership we can reflect on David's accomplishments in sustaining the success of Twilight Haven and we are truly indebted to him for that. We wish him the very best of health and happiness in his well deserved retirement.

*Sincerely,
Larry W. Metzler, President, Board of Directors*



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