

# Twilight Star

TWILIGHT HAVEN  
RETIREMENT  
COMMUNITY



1717 S. Winery Avenue | Fresno, CA 93727 | Phone: (559) 251-8417 | [www.twilighthaven.com](http://www.twilighthaven.com)

## ADMINISTRATOR'S CORNER

I would like to start with just a note to say thank you for all of your very generous gifts, whether by monetary donation or your time given to Twilight Haven's residents during the holiday season. Our Board of Directors, staff, and residents thank you too.

If you have not ventured the halls of Twilight Haven lately, then you must come see the changes that our Ladies Guild and Board of Directors have begun. Phase one of the carpet project is complete. Our Decorating Committee is working on the finishing touches of their ideas on paint colors and furniture. We hope to have the halls painted and furniture refurbished by spring. We also hope to complete phase two of the carpet project by early spring.

*God Bless,*

*David J. Viancourt  
Administrator*



## President's Message

Here we are, the third month into 2009, and so much is coming up quickly. First, let me remind all of our Life Members that our Annual Life Membership Meeting is on March 15, 2009. You should have already received your packets. Please remember that if you are unable to attend, you can fill out your ballots, sign your proxies and get those back to us in the mail.

Secondly, our Annual Dinner is coming up on April 19 at Pardini's at 12:00 p.m. On behalf of all of us Board Members, we hope that you can attend. You can purchase tickets from any Board Members or at the Business Office. Tickets are \$60 a person, or you can sponsor a table at \$500.

As you all know, or have heard, President Obama is trying to get a stimulus package out to many avenues across the US. We have been in contact with our Council Members who are bringing our issues to the Fresno City Mayor. We shared with them our need to upgrade our Skilled Nursing HVAC, bringing in energy-efficient means to all aspects of Twilight Haven, such as solar panels, dual pane windows, and even refurbishing our apartments. So far we have received very positive feedback. As these packages unroll, we will learn if we be able to capture some of these monies.

In closing, let me say thank you to all of you for your continued support of Twilight Haven and our Board of Directors. I have imposed a self-term limit on my Presidency on the Board of Directors. This will be my last letter to each of you. I will continue to reside on the Board throughout my term, but thank you again. At the March 23 Board Meeting, the new President will be selected by the Board Members, and I wish him all the best in his term as President of Twilight Haven.

*Thank you,*

*Kenneth Karle*

# Community Outreach Corner

The end of 2008 was a wonderful time of year for us here at Twilight Haven. It was a joy to be able to plan out these activities again for our **Annual Christmas Dinner**. The attendance this year was amazing—thank you! It truly was enjoyable to see the turnout and the excitement in our residents' eyes. We also appreciate all of our families' efforts in getting the residents gifts to us in time for the party. I would like to thank Twilight Haven's Board Member **Mr. Larry Metzler**, our chef for the night **Marva Simen**, her assistant **Arthur Quintana**, and our Dinner Coordinators **Jodie Clarke**, **Lisa Cantu**, and **Shirley Cooks** for all of their help. I must also send a special thank you to our former employee **Cindy Wylie** and her husband **Bill Wylie** for their help that night, too. And I cannot forget our former maintenance assistant, **Larry Barker**, who played Santa Claus for us.



The music, once again this year, set the mood. We were blessed with two singers this year, **Ms. Rain Jones**, who sang songs of praise, and **Ms. Pamela Benjamin**, who sang songs with the spirit of Christmas. We want to thank these ladies for sharing with us their great talent of song, and may they be blessed for sharing with our residents of Twilight Haven.

Community Outreach is looking at holding a **yard sale** on April 3 and 4. Please call if you have any items that you would like to donate that will help to raise money for our residents' travel trips. I thank you for your response in the past, and look forward to your response in the future.

*God Bless,  
Theresa Tyler  
(559) 251-8414, ext. 125*

## TWILIGHT HAVEN BOARD OF DIRECTORS

Kenneth Karle, President  
Robert Herman, Vice President  
Larry Metzler, Secretary  
Donald Luft, Treasurer  
Gearhart Fries, Director  
Don Dauer, Director  
Kenneth Lust, Director  
Ron Metzler, Director  
Ed Nicholson, Director  
Richard J. Scheidt, Director  
Larry Isheim, Director

Twilight Haven Administrator:  
David J. Viancourt

SNF Lic. #0400158  
RCFE Lic. #100400622

Email: [info@twilighthaven.com](mailto:info@twilighthaven.com)  
Website: [www.twilighthaven.com](http://www.twilighthaven.com)

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## Wish List

1. Nursing Bed Mattresses
2. Furniture for the Front Lobby and Library
3. Wheel Chair Pedals
4. Blood Pressure/Vital Machines for Nursing
5. Memorial Hall Kitchen Appliances (ACT)



# Memorials

## In Memory of Alma Brown

Helen Oehlschlaeger  
Mr. and Mrs. Steve Sheffield  
Claudine Steinhauer  
Jerry and Sue Jensen

## In Memory of Del Peelman

Mary Weber

## In Memory of Esther Stubblefield

Helen Oehlschlaeger

## In Memory of Florence Swanbom

Helen Oehlschlaeger

## In Memory of Frank Martinez

Helen Oehlschlaeger

## In Memory of Helen Hansen

Elmer and Lydia Neuwirth

## In Memory of Henry and Hanna Heintz

Ken and Janet Funk

## In Memory of Henry Deis

Kevin and Jessica Crabtree

## In Memory of Henry Salwasser

Les Salwasser  
Luella Ross and Family

## In Memory of Katherine Sinner

John and Marlyn Preis



## In Memory of Ken Karle

Kathryn Olson

## In Memory of Ken Weber

Roland and Heidi Roos  
Mary Weber

## In Memory of Leona Ferguson

Kathy Ferguson and David J.  
Viancourt

## In Memory Mary Albert

Stephen and Terri Albert

## In Memory of Melvin Farrel

Ken and Helen Lust  
Mavis Deis  
Ann Chew  
Mr. and Mrs. Timm Crabtree  
Roy and Shirley Anderson  
Sonja Deis  
Jerry and Leone Wagner  
Ed Nicholson and  
Velma Brunkhardt  
Jim and Linda Bryan  
Don and Claudia Luft

Judy and Seth Wilson

## In Memory of Merrill Baker

Don and Claudia Luft

## In Memory of Phil and Catherine Heinrich

Althea Heinrich

## In Memory of Ron Kister

Larry W. Metzler

## In Memory of Sharon Spate

Sonja Deis  
Laurie and Carol Spate

## In Memory of Violet Christensen

Velma Brunkhardt  
Dick and Norma Camp

## In Memory of Virginia Carr

Al and Fern Ruby

## In Memory of Virginia Karle

Sharon and Sydney Bowie  
Richard Karle  
Elsie Winchell

## In Memory of Walt Weber

Sharon and Sydney Bowie

Would you like to  
make a memorial  
contribution to  
Twilight Haven? See  
page 4 to complete a  
Memory Card.

# Memory Card

In support and encouragement of the services provided by Twilight Haven Residential Home, and in consideration of the gifts of others who have similarly supported its program of services, I enclose \$ \_\_\_\_\_, as a tax-deductible contribution to be used as follows:

- \_\_\_\_\_ Memorial Fund
- \_\_\_\_\_ General Services
- \_\_\_\_\_ Activity Fund
- \_\_\_\_\_ Capital Improvements
- \_\_\_\_\_ Building Fund
- \$ \_\_\_\_\_ Monthly Pledge

"In Memory of": \_\_\_\_\_

\_\_\_\_\_ Mail acknowledgment to

\_\_\_\_\_ Address

\_\_\_\_\_ City State ZIP Code

Gift From:  
Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Mail your contributions and bequest to: Twilight Haven Residential Home  
1717 S. Winery Avenue  
Fresno, CA 93727



## Twilight Haven Life Memberships

*What does a Life Membership Certificate in Twilight Haven do for you?*

A Life Membership Certificate in Twilight Haven provides many benefits:

- As a **Member** you receive a \$250 tax deduction and remain a member for life!
- As a **Member**, there is no time commitment with the membership. Your involvement is up to you.
- As a **Member**, you can vote in all corporation activities. This gives you a voice in Twilight Haven's future. After being a member for one year, you can run for a Board position. This will not only give you a voice, but also decision-making capabilities.
- As a **Member**, you will receive the bi-monthly *Twilight Star* so you will know what is new and happening at Twilight Haven.
- As a **Member**, you will receive invitations to special events.
- As a **Member**, you will know that you belong to one of the finest non-profit homes for the aged on the West Coast. This you can feel good about!

### Twilight Haven Corporation Membership Application

*Applicant: Please print or type*

\_\_\_\_\_ Full Name

\_\_\_\_\_ Street Address

\_\_\_\_\_ City, State, ZIP

Along with your tax-deductible check for \$100, mail to:

Twilight Haven  
1717 S. Winery Avenue  
Fresno, CA 93727



# Residents Celebrating Birthdays

## MARCH

- 4 Edna Metzler
- 5 Audrey Haberman
- 6 Dorothy Clifton
- 7 George Hollesen
- 7 Luella Ross
- 8 Howard Kauffman
- 12 Lymus Nelson
- 16 Martha Gibbs
- 17 Anne Friesen
- 19 Cecil Berg
- 19 Tsuruye Ikawa
- 21 Eleanor Luther
- 31 Jennifer Gentry
- 31 Hazel Jones
- 31 Eleanor Mitchell



- 20 Henry Mayse
- 22 Wilma Giddens
- 25 Thomas Lorditch
- 28 Joyce Smith
- 29 Stacy Raymond

## APRIL

- 1 Mollie Emard
- 1 Herman Nilmeier
- 5 Jeffery Haywood
- 8 Shirley Magoon
- 9 Clara Steinhauer
- 10 Doris Harmon
- 14 Christina Miller
- 19 Lidamae Hollesen

## MAY

- 5 Edward Wagner
- 13 Anna Carr
- 15 Robert Brown
- 17 Violet Seimandi
- 18 Betty Sandoval
- 20 Stanley Hunt
- 23 Elsie Reitz
- 26 Helen Oehlschlaeger
- 27 William Welch

## March 1 – 8 is National Sleep Awareness Month



### DID YOU KNOW...

A recent study from the University of Michigan shows that getting enough sleep is important for a strong immune system. We even sleep differently when our body is fighting an infection, even though we aren't aware of it.

### Sleep is also very important for...

- ✓ Avoiding high blood pressure, heart disease, and many other health conditions
- ✓ Promoting a good memory
- ✓ Feeling alert in the daytime
- ✓ Beating depression
- ✓ Maintaining a healthy weight
- ✓ Driving safely

So, even in our busy lives, it's important to make time to sleep our way to better health!

For more information about the benefits of sleep and sleep problems, visit the website of the National Sleep Foundation ([www.sleepfoundation.org](http://www.sleepfoundation.org))

# Twilight Haven Ladies Guild

The Twilight Haven Guild started the New Year with the installation of officers on January 5, 2009.

## THE OFFICERS FOR 2009 ARE:

President – Irene Weslowski  
Vice-President – Kay Karle  
Secretary – Marge Deis  
Treasurer - Verna Fries  
Parliamentarian – Marian Deis  
Pianist – Althea Heinrich

We had an excellent program on February 2. The speaker was **Laura Karb**, who spoke all about the heart, and we set in motion plans for our Mother's Day Luncheon. The Mother's Day Luncheon will be May 4, tickets will be \$20 and raffle tickets are \$1.00 each. If you have any questions or

wish to purchase tickets, please call the Mother's Day Chairperson, **Helen Lust** at (559) 486-8471, or contact any guild member.



Our Ladies Guild is looking for new members! We meet the first Monday of every month at 2:00 p.m., except in July and August. Each meeting is held at Twilight Haven's Memorial Hall. Membership is open to all women. If you have any questions, you may call our President, **Irene Weslowski** at (559) 227-8155 for more information.

*Thank you,  
Marian Deis*



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